ADHD

Support Group

You need not feel alone!

The Support Group meets

The 1st Tuesday of every Month

(From Jan 2011)

7:00pm - 8:30pm

We chat and share strategies
Have workshops for raising awareness
Have guest speakers

A Youth Club for 8 - 11 years old
is running 7:00pm - 8:30pm

The Bridge

Le Geyt Road, St Saviour, JE2 7NT Tel: 449152